

# AUGUST



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*"Go the extra mile.  
It's never crowded there."*

- Dr. Wayne D. Dyer



## HAPPY LABOR DAY



Sources: [timeanddate.com](http://timeanddate.com) | [colorado.edu](http://colorado.edu)

We often think of Labor Day as the unofficial end of summer, signaling the beginning of the school year and fall sports, the end of festival season, fair seasons, and tourist season. Amid the family picnics, vacations, sporting events, and back-to-school routines, you may be wondering why we have a holiday to remind us of work. Let's take a look at some interesting facts about the history of Labor Day.

### The Beginnings

Labor Day was officially established on the first Monday of September in both Canada and the USA in 1894, but the labor movement was well underway far before then. The first origins of Labor Day are attributed to a significant demonstration for worker's rights by the Toronto Trades Assembly in 1872 where they petitioned for the release of 24 imprisoned leaders of the Toronto Typographical Union. At that time, trade unions were still illegal, and the 24 were arrested for striking to campaign for a nine-hour working day. There was wide public support for the parade, and more parades and demonstrations followed. Later that year (1872) laws against trade unions were repealed in Canada. Spring celebrations and demonstrations ensued as the labor movement gained momentum.

### Parades and Picnics

Labor Day has been celebrated with parades and picnics from the very beginning. In the 1880s, local workers and trade unions would have a street parade as a public demonstration of their solidarity and strength, followed by a public picnic with speeches campaigning for worker's rights. Following a labor convention in New York in September 1882, labor organizations in the U.S. and Canada actively promoted workers' celebrations, often held in September to take advantage of the perfect weather.

### First Monday in September

Although Worker's Day is observed internationally on May 1, Canada and the United States celebrate Labor Day in September. Labor strikes were volatile and sometimes violent. In May of 1886, the Haymarket Affair in Chicago was particularly violent with several resulting deaths. As some labor leaders advocated to establish the national holiday in May, government officials were hesitant to establish a national holiday that seemed to commemorate such violent clashes. While spring celebrations took hold around the world, the U.S. and Canada opted to align the holiday with the existing local September celebrations, officially establishing Labor Day in 1894. Today it's easy to take so many of our rights for granted, Labor Day is a great opportunity to recall how hard-fought the workers' rights we know today were.

# Creamy Everything Bagel Cucumber Salad

simplyrecipes.com

## Ingredients

- 3/4 cup full-fat sour cream
- 2 tbsp fresh lemon juice
- 2 tbsp everything bagel seasoning, divided, plus more for garnish
- Kosher salt, to taste
- Freshly ground black pepper, to taste
- 1 large or 6 small Persian cucumbers, cut into 1/4-inch slices (about 5 cups)
- 4 scallions, ends trimmed and thinly sliced
- 1/2 medium red onion, thinly sliced
- 1/4 cup chopped fresh dill
- 1/4 cup capers, drained and rinsed

## Directions

1. Make the dressing — In a small bowl, mix the sour cream, lemon juice, and 1 tablespoon everything bagel seasoning. Season to taste with salt and black pepper. Stir and set aside.
2. Combine the vegetables — In a large bowl, add the cucumbers, scallions, onion, capers, dill, and remaining 1 tablespoon everything bagel seasoning — this seasoning stays crunchier than the seasoning in the dressing, which I love.
3. Dress the salad and serve — Add the dressing and mix to combine. Serve immediately. The salad is best eaten right away, but it will stay fresh for about 2 days refrigerated.

## Is it time to replace your roof?

forbes.com | goodhousekeeping.com

Even though it's one of the main structural elements of the house, the roof of many homes becomes an afterthought, giving way to more eye-catching elements like windows and landscaping. But make no mistake, a well-maintained roof that suits your home makes a big impact on curb appeal.

Because it's such an important part of your house, it's advised to inspect your roof annually, and after potentially damaging events like storms with high winds or hail.

### It may be time to replace your roof if:

- Your shingles are cracked, worn, cupped, or damaged; rubbers are warped or shrinking
- You have water damage upstairs or in the attic
- The roof is sagging, or shingles, flashing, or fascia are missing
- Moss, mold, algae, or fungus are growing on the roof
- You've had recent hail or wind damage
- Your roof is over 20 years old

### How to choose your new roofing:

When it's time, it can feel a little overwhelming to navigate all the options, here's a little help to guide your planning and decision-making process.

**Cost** – When evaluating your options, avoid basing your decision solely on the cheapest price, aim for a good value – a quality installation, sound materials, and a good lifespan.

Prices vary widely between materials, both for the roofing itself and the installation. The good news is that you can achieve a variety of looks to fit your budget with metal, synthetic, asphalt, wood, solar, green, clay, and slate options.

**Style** – You'll want to choose something that coordinates with the architecture and aesthetics of your home. There are several materials and colors to choose from.

**Structure** – What can your home support? While wood shake, asphalt, and standing seam metal roofing materials are lightweight, clay tiles, slate, and green roofs can be heavy and require special support, ventilation, drainage, or even wiring for solar.

**Environment** – Do you have snow and ice? Intense heat or cold? High humidity? Fire- or flood-prone? High winds? Make sure the materials you choose are a good match for your climate and surroundings. If you're considering solar, ensure you'll have adequate sun exposure.

**Durability** – Slate tile shingles may last 200 years or more, rolled roofing may last only 5-10. Given the investment that replacing your roof requires, durability is an important factor.

**Installation** – Quality installation is crucial to the function and longevity of your roof. Some materials will be easy, some will require specialized expertise and systems. Understand what's required and interview multiple contractors to ensure you get the most from your investment.



If you are currently working with another Broker please do not consider this solicitation

